

Workshop Title:

Hospital Nutrition : a roadmap to healthcare practitioners

Facilitator(s): name, title, affiliation, email address

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Rationale:

Clinical Nutrition in Hospitals is a cornerstone in Healthcare practice. Hospitalized Patients are more susceptible for Malnutrition , which increase Morbidity and Mortality of Patients and put a burden to the Healthcare system . That's why every healthcare facility should implement a robust Clinical nutrition delivery system that entails all aspects of Nutrition care process starting with assessment of Nutritional status , Diagnosis of Nutrition Problems , Nutrition Intervention and lastly follow up and Monitoring

Objectives:

By the end of the workshop, participants will be able to:

- Learn different indications and Contraindications for Enteral (EN) and Parenteral Nutrition (PN)
- Recognize different delivery routes for EN and PN
- Analyze different Nutrients substrates for EN and PN
- Calculate Nutrient requirements for different Acute diseases states and select accurately specific nutrients

- Learn complications of EN and PN and how to monitor and manage

Topics to be covered:

- Nutrients requirements for Critically ill patients , trauma, sepsis , burn and post-surgical patients
- Indications and Contraindications of EN and PN
- Routes of Administration of EN and PN
- Complications and Monitoring of EN and PN
- Practical applications of Nutrition support for different disease states

Expected outcomes:

Participants will gain both theoretical knowledge and practical skills of Nutrition support for hospitalized patients. By the end of this course they will be able to prescribe Nutrition support for different disease states , manage complications and monitor outcomes of the intervention

Who should attend

- Physician Nutritionist
- Nutrition support Pharmacist
- Clinical Pharmacist
- Dietitian
- ICU specialists, Surgeons and Internists

Registration Fees (Per Workshop)

For Egyptians (EGP)

- **Conference Participants:** 300 LE (Early Bird) / 500 LE (Late)
- **Non-Conference Participants:** 500 LE (Early Bird) / 700 LE (Late)
- **Group Rate (5 Conference Participants):** 1200 LE (Early Bird) / 2200 LE (Late). One member of the group should register for the whole group as shown.

Non-Egyptians (USD)

- **Conference Participants:** \$15 (Early Bird) / \$20 (Late)
- **Non-Conference Participants:** \$30 (Early Bird) / \$35 (Late)

N.B: for conference participants, please upload copy of your conference registration receipt.

Number of participants per workshop :Maximum of 40 participants